

Integrating the Virgin and Whore Archetypes

by Alison McLean

Integrating the Virgin and Whore Archetypes

#### **Forward**

Dear Reader,

I wrote this treatise as a contribution to the healing of the feminine psyche—the collective that has animated the feminine matrix that I call *the body of womanhood*. This collective body has been in a state of distortion for thousands of years—possibly 500,000 or more in our time space continuum.

A foundational step in healing the distortion in the feminine matrix is to reclaim the original vibratory essence and definition of the Virgin and Whore and to understand what these archetypes offer a woman in the modern world.



Many think the Virgin and the Whore dichotomy has something to do with sexuality. I am here to say it does not. This is the great illusion and falsehood we have been entrained with. I say it does not, because it is the divine right of the Feminine to do what she would like with her body and her sexuality.

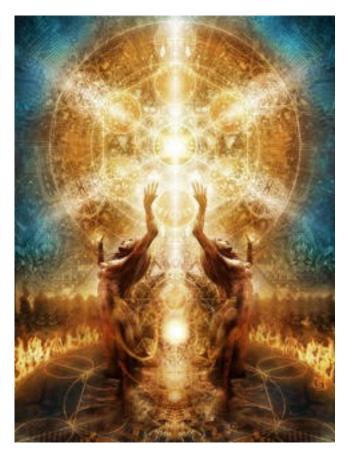
The intention and use behind the origin of the world Virgin is, "she who is true to herself above all else". The origin of the world prostitute or Whore is, "She

who loves All or She who loves *the* All"; this can be interpreted as the great unconditional lover and receiver of all.

As women embodying the feminine principle, it is fundamental to know where our center is, what grounds and sources us, and what we stand for. This understanding is outside of ego and comes directly through our connection to source. Women are naturally hard-wired for this. This quality is the aspect of the Virgin that resides within us. However, we are hard-wired equally to be receptive beings—Whores—that through out the day give our selves over to *otherness*, to the point we lose our connection to our Truth, our own voice, and our guiding principles.

I offer this interpretation as a reweaving of the Virgin and the Whore archetypes as represented by the Goddess Venus and her transit as the Morning and Evening Star. In the following pages we will explore how the patriarchy created a false conversation about chastity in order to keep these vital aspects of ourselves as women in constant conflict, producing self-hate, confusion, and powerlessness. As we know, a house divided cannot stand.

# The Venus Unification Codes Integrating the Virgin and Whore Archetypes



This treatise is a brief exploration of the history, evolution, and impact of the division and subsequent distortion of the Great Goddess archetype into the Virgin and Whore stereotypes. This resulted in the rejection of the very essence and value that the Goddess and thus the Divine Feminine represents, which is the glory and power inherent in every woman.

These stereotypes have influenced how women are seen by others and how they have seen themselves, over the millennia, and today still. At the end of *The Venus Unification Codes*, you are given journaling questions to facilitate the integration processes and contribute to your sovereignty, empowerment, and wholeness.

In love, I remain,

Alison McLean

Integrating the Virgin and Whore Archetypes

### History - The Fall of the Feminine

The Christ Drama – the birth, death and resurrection of the man known as Jesus – was one of the most significant events in history, and it remains so today. Emerging today, however, is a newer understanding of how this time in history may have impacted women and their sense of self and wholeness.

More recently found scrolls, for example, The Nag Hammadi Library—which includes the Gospels of Thomas, Mary Magdalene, and Philip, as well as the Pistis Sophia—all point to strong disagreements and a struggle for power among the followers of Jesus after the crucifixion. This power play continued until the 4th century AD. Emperor Constantine, who ruled the Roman Empire, made the decision to consolidate religious factions under one Roman Religion called Christianity. He organized the Council of Nicaea to decide which gospels and writings would become official, creating what we have come to know as the early Christian Bible. Over the course of one century books were destroyed, including an incredibly rich library in Alexandria, Egypt, and "heretics" were systematically killed in the name of the One God.



Detail of an ancient byzantine fresco of the council of Nicaea. From the church of St Nicholas, Demre, Southern Turkey

This time in history also marked a cultural transition from Goddess worship to Father-Son worship. Representing her many aspects, the Goddess has been personified in many forms and answers to many names. For example, the Great Goddess or Mother Goddess has been represented as Venus, Isis, Ishtar, Innana, and Astarte, to name but a few. Reverence for the

Integrating the Virgin and Whore Archetypes

contribution of the feminine began to be erased from history during the rule of Constantine. But how do you get entire cultures to disconnect from something so ingrained? One way was to separate the Holy Mother or the Great Goddess into two aspects—the Virgin Archetype personified as the Mary, the mother of Jesus, and the Whore Archetype personified as Mary Magdalene.



El Greco [Domenikos Theotokopoulos] (Spanish, born Greece, 1541-1614), The Holy Family with Saint Mary Magdalen, 1590-1595, oil on canyas

# The Role of Stories, Myths and Archetypes

One of humanity's distinct characteristics is our ability to make meaning of events. The stories we tell create a context for our understanding, opening and closing doors to our future. In other words, the human narratives that we live in generate the future we will manifest. Some stories are so powerful and universal that they become myth. Myths are created through the collective of human narratives over time.

Many myths also contain some archetypical energy. Archetypes are quite different than myths as they are not created by us. Psychoanalyst and mythologist, Carl Jung, described archetypes as forms that exist in and define a field of consciousness which is beyond time, space, and the individual. These forms are representations of our collective souls' yearning, imagination, and deepest desires. Archetypes are life models, images, and idols that guide the direction of our life towards our soul's destiny. Every human being is attuned to one or more archetypes.

Another way to look at archetypes is that they are patterns of creation in the unseen world waiting to manifest.

Integrating the Virgin and Whore Archetypes

They are constructs that provide order, meaning, and direction to what otherwise might be chaos. They can be seen as guides. Archetypes are the structural energy behind the form as manifested in physical reality. Archetypical energy guides, heals, catalyzes, and transforms at a vibrational level of consciousness that goes behind our mind's comprehension. Ultimately that means that we are normally unaware of their impact, but subconsciously they impact how we see our selves and others and how we are compelled to act.

Archetypical energy carries a much higher charge than personal energy. It's the difference between a thunderbolt and a spark. Working with archetypes has been given the name the "Way



of Lightening" because of its power. Carl Jung understood archetypes as a magnetic energy that either attracts or repels other creatures that come within its orbit. According to Jung, the activation or awakening of an archetype releases a great deal of power, analogous to splitting an atom. He also saw this power as the catalyst for synchronicity. In other words, activating archetypes releases patterning forces that can restructure events both in the internal world of our psyches, as well as in the external world. This work happens outside the laws of causality. That is why archetypical work has such lightening quick and permanent results.

Archetypes assist us in looking at our lives from a much larger, more epic and spiritually expansive perspective than that of our day-to-day ego. Virtually all cultures have archetypes that have been used as blueprints for spiritual evolution. The partnership

between archetype and human being has been one that mystics and artists have known for a long time, allowing nature to speak to the evolving soul.

It is powerful to be clear and decisive about the stories, the myths, and the archetypes in which we are living individually and collectively. That is why we must recover the essence of words, stories, and the archetypes that have been corrupted and hidden throughout history, contributing to the schism in the feminine psyche. Let's explore the two sides of The Goddess, the feminine whole, in the Virgin and Whore archetypes.

On the other hand, stereotypes are very different in nature and dynamic. By definition a stereotype is:

# A conventional, formulaic, and oversimplified conception, opinion or image.

Stereotypes become flat, two-dimensional thought forms void of experience and transformational power.

Integrating the Virgin and Whore Archetypes

### The Virgin Archetype

Historically, the Virgin Goddess or archetype represented purity but not in the sexual sense. Her role was not defined by chastity but *sovereignty—"She who is whole unto herself first"—*a



forbidden expression of the feminine under patriarchal rule. The Virgin represented someone who was true to her own nature above all else. She embraced the feminine aspect of strength, dignity, and inner truth.

There have been many Virgin Goddess archetypes. What they have in common is the fact that they are self-contained, pure, independent, uncorrupted, and uncoupled. Although many Goddesses were in fact unmarried, this need not be the case. I see the use of uncoupled as meaning unattached or more specifically un-entangled. Virgin in this context has more to do with a state of mind and attitude rather than sexual status. This doesn't mean that they were asexual or abstained from sex. However, if not abstinent, their sex or sexuality was not given away, bartered, or owned by partners; it was wholly and solely within their dominion.

Joan of Arc with Saint Catherine by Henryk Siemiradzki c. 1872

The Virgin archetype has been suppressed for centuries in societies that teach women only to please and look after others to the exclusion of all else; especially herself (a distortion of the Mother archetype). The Virgin archetype appears whenever a woman is pursuing her own desires and ideas for herself. She is making a comeback today as women everywhere are beginning to follow their own hearts and dreams to manifest a reality other than that of partnerships, motherhood, and child-rearing.

This is a rising phenomenon today as more and more women are living past the age of 45 and are entering their "Wisdom Years," and are asking what's next for them selves. Historically women died of illness or childbirth prior to age 45. The Virgin is a powerful guide for women who find themselves asking the sacred question of "what's next?" because they won't find it external to themselves. The answer can come only from within, and it is connected to what they care about most.

Integrating the Virgin and Whore Archetypes



Many women today are taking inventory of their lives and asking how do I express more of who I am in the partnerships and roles that have come habituated and patterned after putting their husbands and/or children's interests first—almost making the sound of their own voice and beating of their own heart almost unrecognizable. This innate tendency in women is actually the seed of the Sacred Whore archetype.

# The Sacred Whore Archetype

Although the word *whore* has negative connotations in modern times, it was not always so. Many priestess cults, for example, the Cult of Ishtar was serviced by temple prostitutes who were sacred priestesses. Ishtar herself is known as The Compassionate Whore. Ishtar has also been called Har or Hora from which the words harlot and whore were derived.

The Sacred Whore appears in the earliest records. The original meaning of the word surpassed sexuality and meant "unconditional lover." However, it is important to understand that in ancient Egypt, sexuality and spirituality were very closely linked. It was through sexuality that temple prostitutes were in service to those seeking healing and enlightenment and were trained in the art of spiritual transmission through the sexual act. In addition, men's souls were "cleansed" after battle, and they were reintegrated into society through sexual healing at the temple in a rite know as "taking the war out of man". Another example of Sacred Sexuality is the fact that kings were given authority to rule in a similar manner by taking the representative of the Goddess of the Land as his consort.

It is the natural tendency to give of her self ceaselessly that connects the modern woman with the Sacred Whore. It is also one's inner Sacred Whore that is guardian of one's integrity. She will let you know if you are giving yourself freely or when you are in danger of compromising your own self worth.

Unfortunately, the stereotypical whore is still active in our world today. Regardless of all of modern women's accomplishments, women are still regarded or judged based on their sexuality first. This isn't necessarily a bad thing if women learn to reclaim their sexuality and their choice to be sexual, and when and with whom. The reawakening of the unique power of the feminine is obvious and we can't ignore that some of the root of that power is the mystery and allure of our sexuality.

Integrating the Virgin and Whore Archetypes

### **Results of Dividing the Goddess**

Dividing the Goddess created a good girl and a bad girl. The good girl (Virgin) is unattainable and unapproachable. The bad girl (Whore) can't be honored, loved, and cherished; she is unworthy.

The feminine collective psyche has been on a never ending teeter totter attempting to reconcile these two very significant aspects of the feminine self. Every woman is hardwired to be true to herself and her essential nature. Every woman is also hardwired to unconditionally love all—even the unlovable, even the dark, even the down trodden. The separation of the Goddess creates an inner struggle between these two powerful Venus archetypes, obscuring the beauty and power of the feminine.

The effects and the return to Goddess worship are showing up in mainstream society as more and more women are learning the glory and the power in being a woman. Most importantly, the return of the Goddess has given women a chance to answer to whom and what are they giving themselves over to, and to respond to the call of their own voice and yearning to express their deepest desires and truest natures.



A woman won't be fully whole, fully coherent, until she embraces and can dance between the two realms of her inner truth and her desire to heal, embrace, and celebrate all. It took centuries for us to lose our connection with these archetypes. Fortunately, by inviting these archetypes in, the integration will be much more rapid!

# Integrating the Goddess - The Venus Unification Codes

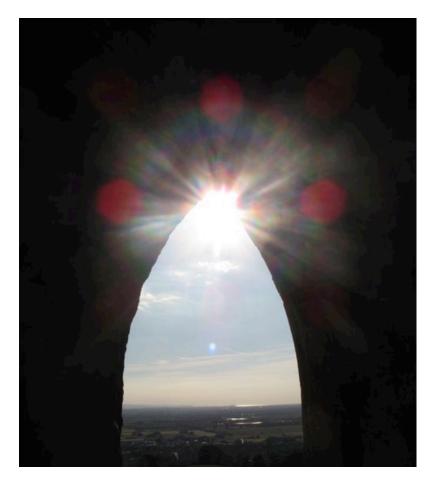
Previously, the Goddess was known as, *All in One* or the *One that Knows the All*—Sacred Whore and Virgin. This powerful Goddess: Virgin, Whore, Mother of All, and Mistress of Contradictions is the very essence of the divine feminine and hold the codes for the divine feminine to be made manifest today. According to mythology, Venus was reborn every morning a *Virgin*, represented by the *Morning Star* and she retired at night as a *Sacred Whore*, in the form of the *Evening Star*. An important essence of the Goddess, which includes the priestess lineage, is having an organic connection to earth and sky. In her higher expression, the Virgin Archetype

Integrating the Virgin and Whore Archetypes

purifies her body in order to create a clear channel for connecting with Spirit. The Sacred Whore has the capacity, in her highest expression, to ground Spirit with Matter. Reuniting heaven and earth.

These two archetypes have been most notably incarnated as the Virgin Mary and Mary Magdalene. Although the stereotyping of Mother Mary as the Virgin and Mary Magdalene as the Whore did much to create the chasm in the feminine psyche, the souls of these two Mary's are our allies in our integration process.

As twin souls, they were chosen to hold the regency of the divine feminine—so perfectly aligned, they are almost one. The Virgin, or Mother Mary, holds one energetic pole; Mary Magdalene, the second. The synergy between these two aspects or poles creates a third and central pole, which is a creation field. These archetypes carry the codes for us to embody and become a pure creation field—a new womb to raise humanity to the next octave.



Integrating the Virgin and Whore Archetypes

We begin the integration process by opening to these dual aspects of the Goddess. Here we have the opportunity to, like Venus, experience our own descent and resurrection, coming face to face with the pain, trauma, and shame associated with the chasm that resides in us individually and as a collective. We finally bring light to the shadows created by the distortions in our entrainment for what they are. The true nature of our Christic Being or God-Self becomes activated. Through this process we can rise again and pass through the initiatory gates with Venus; with her we can retrieve our royal mantel and celestial crown that were surrendered during our collective descent into the underworld. Integration creates a shift in frequency, and the embodiment of a new level of consciousness allowing the full power of the mysteries of the Divine Feminine to come through.



We briefly explored the Virgin and Sacred Whore archetypes in this workbook so that you might have some understanding of who they are and how they have shaped womankind and our modern culture. Use the exercises below to further discover and how you can reconnect with these archetypes and begin integrating them in your life, reclaiming your sovereignty, your power, and your feminine wholeness.

Integrating the Virgin and Whore Archetypes

#### **Exercises**

So what does this mean for you? In the spaces below list the characteristics of the Virgin and Whore stereotypes as you have witnessed them in your life. In other words, what is your personal narrative in relation to these stereotypes?

Virgin		
Whore		

Integrating the Virgin and Whore Archetypes

Now, in the spaces below, list the characteristics of the Virgin and Sacred Whore archetypes that are appearing in your life now. Then with a different color pen, add in any characteristics you would like more of in your life.

Integrating the Virgin and Whore Archetypes

What would be possible for you if you were successfully reclaim your feminine wholeness?				

Integrating the Virgin and Whore Archetypes

#### **About the Author**



All her life, Alison knew she had a unique cosmology. Our cosmology is of course how we see ourselves in relation to the whole. Always knowing she was connected to the whole galactic configuration in some way, like many Star Beings, she tried to act like everyone else and failed miserably. Alison says, "Thank god I did fail, because I may have never gotten to the point where I discovered the true nature of my being . . . what my other dimensional self is and what I came here to be and do".

Alison's "awakening" occurred in 2008 when she had an "Otherworldly encounter" with Mary Magdalene. Mary instructed Alison to do three things:

Discover what it to be a woman. Discover what is unique to the feminine. Discover what it is to inhabit a body.

After spending 4 years doing that, Mary said to her, "Now you are ready to do what you came here to do. **Return Sovereignty to Humanity**". Alison has devoted her life to that calling ever since. Her calling has led her to make numerous pilgrimages to Sacred Sites all over Scotland, France and Spain where she learned she was a light grid worker and focused on what she calls the Feminine Matrix or Virgin Matrix. As she describes it, this "matrix" is the Soul of the World and is represented by the Collective Feminine Consciousness. Throughout the year, she brings groups on pilgrimages designed to work synergistically to facilitate the planetary ascension and the return of humanity to their sovereignty and Gold-Self nature.

Alison has come to know that she is a catalyst and an activator. Since the time of the Essenes and the Egyptians -- and long before that in nonhuman forms, it has been her mission to create, grow, and access the inner Codes of Light, and to connect with other Star Beings to create and co-create with others who hear and heed the calling.

Integrating the Virgin and Whore Archetypes



# JOIN US ON OUR NEXT SACRED DESTINATION

CLICK HERE TO VISIT OUR TRAVEL ALCHEMY PAGE FOR MORE INFORMATION.